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ISHIMARU HIDEHIKO**(54) PROMOTER FOR PANNICULUS METABOLISM AND COMPOSITION FOR EXTERNAL USE CONTAINING THE SAME****(57)Abstract:**

**PROBLEM TO BE SOLVED:** To obtain the subject promoter containing an extract of *Coleus forskohlii* having fat metabolism promoting action in fat cell and capable of effectively metabolizing and removing subcutaneous fat excessively accumulated by external coating by combinedly using a specific oil contact with the extract of *Coleus forskohlii*.

**SOLUTION:** This promoter contains (A) an extract of *Coleus forskohlii* and (B) oil content selected from triglyceride (e.g. glyceryl triisostearate), a vegetable oil (e.g. olive oil) containing the compound, a monoterpene compound (e.g. eugenol), its derivative and a vegetable essential oil (e.g. eucalyptus oil) containing the monoterpene compound. The component A is preferably extracted by a method finely cutting dried or fresh underground part of *Coleus forskohlii* of the family Labiatae and immersing the dried or fresh underground part into a lower alcohol such as ethanol. When the promoter is compounded with a composition for external use, the components A and B are each compounded so as to become 0.5-5wt.% and 3-99wt.%, respectively. The composition for external use is preferably used in bathing, etc.

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